

KCISD School Health Advisory Council Meeting Minutes

November 16, 2022

Location: KC Junior High – Classroom 1

Time: 4:00 pm

Members present- Monica Gwosdz- parent- senior -Madison, Desiree Evans- DSHS- 2 students, Amanda Segura- Public Health Nurse with DSHS, 2 students, Ed Griffin-grandparent- 2 students, Rita Jordan- community member, Trey Martin- Child Nutrition Director, Allison Rudolph- parent of 2 students, Christina Rodriguez- parent of 3 students, Chief of Police- Officer Salas, Todd Espinoza-Safety Director- 2 students and Nurse Bluhm RN, School District Nurse.

No recording of meeting available due to technical difficulties. Summary of meeting minutes.

- 1) Wellness Activities- Amanda Segura RN, from the Texas Dept. of State Health Services Region 8, introduced a Fitness challenge presenter through a telephone conference call. Vanessa Castro- the Central Texas Regional Director presenting “It’s Time Texas”, a Community Challenge, summary given. This challenge can unite Texans from across the state to build a healthier Texas. All school districts and community organizations can participate. This is a free eight-week challenge beginning Jan. 9th- March 5th, 2023. Registration is open now- you scan the code, download the app. and join the fun! Healthy habits include drinking water, going for a walk, eating healthy snacks and many more. You log it into the app to earn points, weekly and overall prizes available based on points. Participates must be 13 years of age or older. School districts can participate as a district, per campus, per individual groups, or individually. Nurse Bluhm asked other members of the council about interest of this challenge- Allison from the hospital, Officer Salas- police department, Rita- Chamber of Commerce. Information of this challenge can be dispersed if there is an interest. Nurse Bluhm will send out a general email to all KCISD and see if there is an interest. Also, another wellness activity for the school district that was done in the past was the Biggest Loser.
- 2) Safe School Environment- Officer Salas presented the new SROs for the school district. Scott Kotara- at JH/HS for now. Scott was not able to attend, at a SRO training today. He did provide information of himself and what an SRO is (attachment included), Officer Salas read the information. Nicole Caramillo- located at RES, David Morin-will be located at Primary. Officer Salas states continues to look for an additional SRO, so all campuses will be covered.
- 3) Health Services- Nurse Bluhm discussed Senate Bill 9- public schools to provide instruction to students in grades 6-12 relating to the prevention of dating violence, child abuse and family violence to help prevent human trafficking. Different curriculum needing to be reviewed for the school district- Nurse Bluhm requesting a sub-committee from the council to help with this along with administrators. Different curriculums- Base Education, Play it Safe and Love 146-Child Trafficking.

- 4) Cafeteria news- Trey Martin discussed the Turkey lunches that will be served tomorrow and Friday for Primary and RES, students and guests. Also, will be serving all staff free turkey plates.
- 5) Other activities- Nurse Bluhm discussed Turkey Bingo tomorrow from 5:30-7:00 pm at the HS cafeteria for all KCISD students and families. Being sponsored by the Full Service Community and School Grant, KCHS, HEB and Community members. Also, Molly Kollodziej- with the Full Service Grant- sent an email to inform the council that the clothing has been extremely helpful from the Thrift stores. Rita stated that the clothing donations will continue to be available for the school district.

Meeting adjourned at 4:55 pm. Next meeting will be January 18th, 2023.

Good afternoon all, I am Scott Kotara the first School Resource Officer for the Karnes City ISD employed by the Karnes City Police Department. I was raised right here in Karnes City, and Graduated in 2006 from the Karnes City High School. I have spent the past 10 years in the Houston Area working as a Deputy, along with working as a Fire Marshal for the City of Pasadena, and most recently the City of Pearland as the Assistant Fire Marshal/K-9 Handler. I am excited to bring what I have learned the past 10 years, and help implement that into the School Districts Safety Plan.

What is an SRO? A school resource officer (SRO) is a full-time law enforcement officer with sworn law enforcement authority, trained in school-based policing and crisis response, assigned by the employing law enforcement agency to work with the school using community oriented policing concepts.

As an SRO, my job duties are but not limited to being Responsible for the safety and security of my assigned school campuses. Available as a resource within the educational setting to connect the school community to outside resources. Establish healthy relationships within the school setting by working as a team with students, parents, and school staff. I also serve as a consultant, instructor and problem solver and generally work to reduce crime through education and the promotion of positive police/student relations, which may include the district improvement plan & the student code of conduct.

Again, I am so excited at this opportunity to be a mentor to students, and help keep everyone safe on a day to date basis.

Please feel free to contact me with any questions on my cell phone (830)623-0694, or email skotara@kcisd.net.