

KARNES CITY ISD- School Health Advisory Council Meeting-minutes

September 21, 2022

KCISD Board Room- 4:00 pm

Handouts given as members signed in.

Nurse Bluhm leading the meeting and defined what SHAC represents- eight components of Coordinated School Health services- Nutrition services, Health services, Healthy and Safe School Environment, Counseling and Mental Health Services, Staff Wellness promotion, Parent and Community Involvement, Physical Education and Health Education.

Introduction of members present- Amanda Segura RN, Dept. of State Health Services-parent of a senior and 5th grader, Christina Rodriguez-parent of 11th grader and 7th grader, Ed Griffin-grandparent, Rita Jordan- community member, Madison Gwosdz- Senior student representative, Celeste Rodriguez- KCJH Principal, Monica Gwosdz- parent of senior, Molly Kollodziej- representative for FSCS grant and a Teacher here for 7 years, Allison Rudolph- parent of Pre-k and 2nd grade students, Deanna Urigeas- RES Elementary Counselor, Jennifer Foster- RES Elementary and Primary Principal, Todd Espinoza- New Safety Director-parent of 2 students, Trey Martin- Child Nutrition Director.

Molly Kollodziej gave a presentation of the KCISD Full-Service Community School Grant. She identified the coordinators of the grant- RES- Michelle Kinney, JH- Jessica Homeyer, and Molly for the HS. Also, the grant has 2 Counselors- Brandon Moczygemba and Omar De La Rosa. Services- backpack food ministry, Campus Pantry, ESL Classes, parenting classes, College and career planning. Molly does college and career training field trips and military nights. Discussion of when backpack food distribution will begin, backpacks are donated from the Baptist church. Molly working with the San Antonio food bank and the pantries do have clothing and personal hygiene products. Rita Jordan discussed the Karnes County Thrift center and ability to donate clothing to the school district, also have food donations. Ed Griffin spoke up about candidates to the military academy, he can be helpful with that. Molly stated that the Senior class has several students who are interested in the military. Molly is creating a wish list and sizes of clothing that are needed for each of the pantries.

Amanda Segura mentioned that DSHS does have a type of School Health grant for \$10,000. Molly and Nurse Bluhm will look into the grant.

Reviewed the minutes from the last SHAC meeting of May 25. Nurse Bluhm and other members talked about a) safe routes- the congestion at JH/HS dismissal time at the end of the school day, possible a one way exit during dismissal time, and additional crosswalks, due to the different direction that students go across HWY 123. Also, will continue to reach out to Kevin Butler with TxDOT, ongoing conversations with the regional manager of TxDOT. Sidewalks are being updated all through town up to Tierra Points b) Safety information will be discussed under the

health and safe school environment c) Cafeteria news- school wellness policy. Catch program- School Health Coordinated Program is the program of choice by the SHAC committee. Nurse Bluhm talked to the Asst. Superintendent who stated if this is the program of choice, bring the program up to the school board members at the next meeting. Additional discussion on the Sex Education program, Big Decisions, looking at d) Wellness activities ongoing and on the agenda for today e) Sunscreen product- school policy dated 10/21 f) Lice policy and not sending students home if found with lice.

2) Review of SB 9- Last year through this bill each SHAC meeting was to be recorded and the minutes along with the recording will be posted on our website. Additionally, the SHAC will be making recommendations on curriculum for instruction regarding child abuse, family violence, dating violence, and sex trafficking to the school board.

3) Health and Safe School Environment- a) COVID and testing- Nurse Bluhm discussed using the 5-day isolation for staff and students if testing positive. Allison who works at the Hospital stated that they are using the same 5-day isolation period for staff members testing positive. Testing continues at the blue building, drive by. Nurse Bluhm discussed the School Health Grant that is available for COVID testing and will continue to pay for all testing. This Grant is a screening testing of certain asymptomatic groups. The testing is voluntarily. The school district is only testing symptomatic staff and students. No contact tracing is being done since last year. Discuss with members about COVID and Flu cases and how we handle cases. b) Mr. Espinoza explained the different emergency drills that are being done this year. The drill information sheets are located in all classrooms and offices. He discussed the difference from Lockout/Lockdown. The new word SECURE is taking the place of Lockout. Also, he discussed the window film be putting on all exterior doors, it is resistant shatter-proof and slows down an impact of a bullet, Guardian program- signs are up, program rolling, SROs are in play now, legal procedures being worked up, using local police department employees. Will take time for to be in place.

4) Cafeteria news- School wellness policy- 3 celebration parties will be decided before the first day of school; Physical activity and punishment will not be included in the policy. Meaning that it will be left to each Administrator in the use of physical activity as a form of punishment.

5) Staff/student/parent wellness activities- Activities- It's Time Texas- community challenge per Nurse Segura with DSHS includes the whole family, another challenge Nurse Bluhm discussed Walk Across Texas with Meagan Dennison AgriLife. Allison states that there is a Wellness committee at Otto Kaiser and Ed mentioned to contact Rylan with the Otto Kaiser Wellness Center if needed. There is a Run Club at the RES campus.

6) Other topics of concern- Nurse Segura discussed a cafeteria concern with Trey, possible cold food being served. Trey will look into it. Trey did mention that all grain served has to be whole grain this year and 10% less sodium served. Trey has changed what is being served as super kid friendly foods at RES/Primary, which includes lunchables.

Rita inquiring clarification on the process of the curriculum through the SB 9 and also on the Big Decisions and what SHAC requirements will need to do. Nurse Amanda Segura mentioned that DSHS has information on the different things but does not know how that can fit in with curriculum required. Several members making comments on Big Decisions Program.

No other business. Meeting adjourned at 5:13 pm. Next meeting scheduled for November 16th at 4:00 pm.