

KARNES CITY ISD- School Health Advisory Council Meeting-minutes

May 25, 2022

KCISD Board Room- 4:00 pm

Introduction of members present- Allison Rudolph- parent with a 1st grade student; Deanna Uriegas- RES Counselor; Desiree Evans with DSHS-parent with 2 students, 11th and 4th grader; Amanda Segura RN- DSHS- parent with 2 students- 11th and 4th grader, 4th grader present- Shane Segura; Bettinae Kaiser- CFO; Trey Martin- Child Nutrition Director; Nurse Bluhm RN- School District Nurse.

Handouts- Child Nutrition- Summer feeding, School Wellness policy-final draft, policies on sunscreen products and Head lice procedures.

- 1) Health and Safe School Environment-
 - a) COVID-19 information- no new policy update.
 - b) Safety routes- Ongoing discuss about crosswalks/sky/bridge walk going across Hwy 123 in several areas. Nurse Bluhm has talked with Kevin Butler TxDOT, different plans have been looked at for several years. Nurse Bluhm will plan a meeting with TxDOT and possible funding available. Nurse Segura talked about a grant called BUILD, will send information to Nurse Bluhm, also talked about congestion of traffic during dismissal time.
 - c) Safety supplies- Emergency safety bags all delivered to teaching staff on each campus. Picking up the bags at the end of each school year, supplies are checked and bags are returned at beginning of the year. Additional emergency safety bags to be delivered to all other departments. Due to the school shooting yesterday, concerns of active shootings and drills. Trey Martin discussed the NEIMS training, also Bettinae Kaiser discussed an active shooter program that is a week long training. Amanda Segura inquired about SROs. General discuss about funding for security, having additional security on each campus. Discussion also on staff with license to carry. Amanda Segura mentioned the mental health status of the shooter from yesterday, red flags that were out there. Deanna Uriegas did comment on the fact that we do not know in regards to the shooter from yesterday, how much mental health counseling was involved, sometimes only so much can be done for someone, will parents follow through with counselors concerns. Mrs. Uriegas did also talk about having an additional counselor here and how many students are being seen.
- 2) Cafeteria News- Trey Martin- Summer feeding begins on Memorial day- ACE/Summer school. RES feeding will be moved to Primary campus, JH/HS feeding at HS campus. Trey discussed times for each meal on the campus, will be in the newspaper, web-site. Amanda Segura inquired about any student coming in and eating, not just KCISD students. Trey and Bettinae talked about the House bill 4545 and anyone in the state of Texas, age 1 year old to 18 years old can be served. Amanda Segura concerned about the safety issue of having other out-of-town students allowed to eat on campus.

School Wellness policy- draft- questions on the draft-a) page 2- location of the policy will be on web-site. b) page- 5- Celebrations- all campuses/grade levels will be permitted to have three “party days”. These days shall be determined at the beginning of each school year and reported to the District administration by no later than Sept. 15th. c) page 7- Physical education- 135 minutes/week for PK-5th grade school students and 225 minutes/week for middle and high school students. d) Physical activity and punishment- much discussion. Nurse Bluhm will explore this statement with Administration (Principals, counselors and coaches)- “Teachers and other school and community personnel will not use physical activity (e.g., running laps pushups) or withhold opportunities for physical activity (e.g., recess, physical education) as punishment.”

- 3) Health services- a) Coordinated School Health program- Nurse Bluhm stated that the CATCH program is the program of choice. b) Sex Education program- Nurse Bluhm commented that a program is still being researched. Nurse Bluhm will check if a sex education program is mandated, Amanda Segura questioning it. Discussion about the legal aspects, sexting (Officer Johnson providing information in the past).
- 4) Staff/student/parent wellness activities for next school year- a) Nurse Bluhm and Amanda Segura – It’s Time Texas program- 8-week program beginning in January. Walk Across Texas- another 8 week program starts in November. Another per Amanda is Maintain No Gain.
- 5) Open discussion on other health and safety concerns-a) CPR classes can be given to non-staff members at their cost. b) Sunscreen products- Nurse Bluhm discussed per legal school policy dated- 10/29/2021. “A student may possess and use a topical sunscreen product while on school property or a school-related event or activity to avoid overexposure to the sun and not for medical treatment of an injury or illness if the product is approved by the federal Food and Drug administration for over-the-counter Use.” Nurse Bluhm will look into local policy. c) Handout on Lice policy and how it is followed through the nurses’ office. Discussion about the policy.

No other concerns, discussion about next school year’s first meetings. Next meeting will be September 21st, 2022, at 4:00 pm in board room.

Meeting adjourned at 5:25 pm.