

KARNES CITY ISD- School Health Advisory Council Meeting- Minutes

October 27, 2021

KCISD Board Room- 4:00 pm

- 1) Introduction of SHAC members, parents and community individuals by Nurse Bluhm RN, School District Nurse: Trey Martin-Child Nutrition Director; Jim Wood- Safety and Maintenance Director; Amanda Segura RN- Public Health Nurse and parent; Marcos Segura- 11th grader; Allison Rudolph-parent with 1st grader; Ashleigh Espinoza-parent with 2nd and 5th grader; Amy Seals- parent with 1st and 8th grader; Gwen Hesseltine-parent with 8th and 10th grader; Meagen Dennison- Karnes County Agri-Life agent-parent with 1st grader; Deanna Uriegas- RES Counselor; Officer Salas- KC Police Dept.; Mr. Madrigal-Superintendent.

A packet with hand-outs were given out.

- 2) Discussion of what SHAC is per Nurse Bluhm –(handout)-a guide for Texas School districts that focuses on the eight components of the Coordinated School Health.
New HB 1525- (handout)- location and timeframe for posting the agenda and then the minutes, along with audio after each SHAC meeting is held. It continues with new guidelines for human sexuality curriculum instruction. HB 9 continues to be reviewed. Will be back on the agenda at the next meeting.

- 3) Jim Wood discussed the COVID cleaning and procedures being followed. Another hand-out- IN an Emergency- TAKE Action- Jim talked about the “I Love U Guys” foundation, the action plan that is being used this year. Nurse Bluhm presented a hand-out with the bleeding control requirements for staff and 7th-12th graders. She also stated that teachers on each campus will have new “emergency to go bags”, as soon as the middle of November, depending on when the shipment comes in. Additional masks and gloves will be included in the new bags provided by Shelby Dupnik, our Karnes County Emergency Management Coordinator.

Safe routes were discussed with Nurse Bluhm leading the discussion. The safety of students walking from the JH/HS campuses and crossing Hwy 123 is an ongoing concern. With much discussion, Officer Salas who has been in

contact with TX-DOT, Kevin Butler, about different projects, will communicate with him again. Safe routes will be revisited at our next meeting.

- 4) Trey Martin- Cafeteria news- The National school lunch and School Breakfast Program are being followed. The school district offers free breakfast and lunches. Any food and beverages marketed to students during the school day must meet smart snacks.

Trey addressed his (handouts)- a change for JH/HS this year-weekly menu plan and 3 different recipes that are served.

Trey commented on the Triennial assessment that was provided in May. Our food service did very well, rating around 85 (will check for the exact number), average rate is 55. From that assessment, the School Wellness policy is being updated. A very basic, generic wellness policy was done in 2017. Now with additional guidelines needing to be included, a wellness committee was formed and a (handout) of the draft of the updated policy was presented. The highlighted/grayed areas were looked at and will be on the next meeting's agenda: location of a hardcopy of the policy when completed; celebrations held at each campus; physical activity integrated in the classroom; physical education- minute requirements per campus.

- 5) Wellness activities- several different ideas of activities were suggested- "It's Time Texas", "Walk Across Texas", "Maintain No Gain", "Step Up Scale Down" and "Growing and Nourishing Healthy communities". More information of these wellness activities will be provided at the next meeting.

With no further discussion, next meeting was discussed and is scheduled for Nov. 17th, in the Board room at 4 pm.

Meeting adjourned at 5:12 pm.