

## KARNES CITY ISD- SCHOOL HEALTH ADVISORY COUNCIL MEETING- Minutes

January 19, 2022

KCISD Board Room- 4:00 pm

Members in attendance- Allison Rudolph and Nurse Bluhm

### Agenda-

- 1) Health and Safe School Environment- a. COVID-19 information: Nurse Bluhm discussed that the district continues the COVID-19 plan with the 10 day isolate for positive cases/10 day quarantine close contact for the safety of staff and students. Allison reported that the Hospital is doing the 5 day positive case and then 5 day mask wearing. b. Nurse Bluhm reported that the Emergency to go bags are in and will be distributed. c. Safe Routes- cross walk for the students, discussion will remain open.
- 2) Cafeteria news- Wellness policy- Nurse Bluhm reports that RES campus is holding PE for all students now three times a week.
- 3) Staff/student/student/parent wellness activities- Nurse Bluhm discussed that no activities have been started until the weather gets warmer. Allison stated that the Hospital is not holding any wellness activities at this time.
- 4) Counseling and Mental Health services- Nurse Bluhm did not have any updates.
- 5) Health Services- a) Coordinated School Health Program- The CATCH program is still being looked at. b) Sex Education Program- Big Decisions is still being discussed, Nurse Bluhm reports that looking at TEA and DSHS for additional programs.

No further discussion. Next meeting will be held on March 9 at 4:00 pm.  
Meeting adjourned.